

2nd Trimester Checklist

- **WEEK 13:** Go shopping for maternity clothes.
- **WEEK 14:** Sign up for a childbirth class.
- **WEEK 15:** Join a prenatal workout/yoga class.
- **WEEK 16:** Start talking baby names.
- **WEEK 17:** Schedule a dentist appointment
- **WEEK 18:** Start considering Pediatricians.
- **WEEK 19:** Ultrasound for gender.
- **WEEK 20:** Celebrate your halfway mark!
- **WEEK 21:** Start your baby registry.
- **WEEK 22:** Go on a Babymoon!
- **WEEK 23:** Look into maternity leave benefits and make a plan.
- **WEEK 24:** Make a plan for helpers to come stay.
- **WEEK 25:** Decide on a nursery theme.
- **WEEK 26:** Time for the glucose screening.
- **WEEK 27:** Finish up the registry.

Learn more about each week's tasks, and grab the additional Pregnancy Checklists, at www.amomstake.com/pregnancy-checklist-2nd-trimester