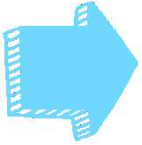


Spring RENEWAL

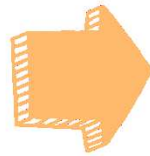


REFRESH *your home*



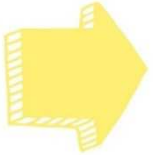
- Clean out your closets
- Restock your linen closet
- Replace old lightbulbs
- Dust, Dust, Dust

RECHARGE *your ambition*



- Try something new
- Update your resume
- Follow up on past leads
- Take a training class

RENEW *your spirit*



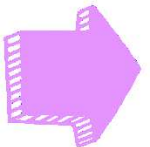
- Meditate
- Read a book
- Evaluate your goals
- Soak in the tub

RELIVE *your moments*



- Take a mini Staycation
- Visit an a favorite place
- Flip through family albums
- Retell favorite memories

REVIVE *your soul*



- Start a new hobby
- Get a fresh new haircut
- Buy a new outfit
- Try something adventurous

RECONNECT *with others*



- Call an old friend
- Write a thank you letter
- Do a RAOK
- Make cookies for a friend