





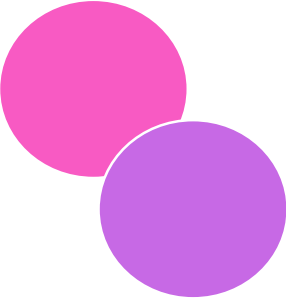
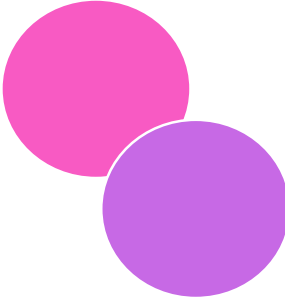
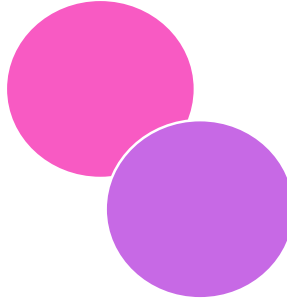
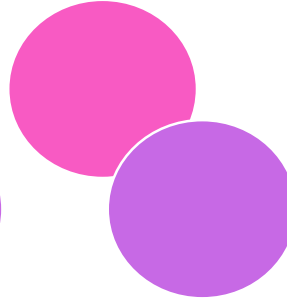
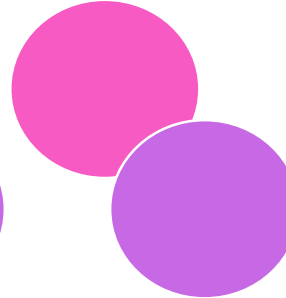
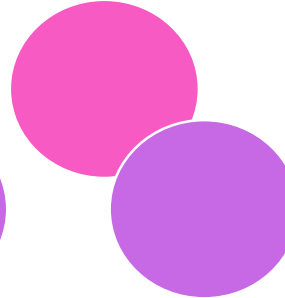
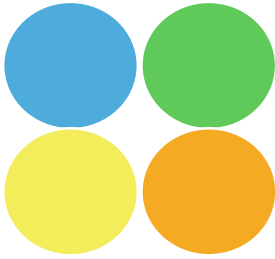
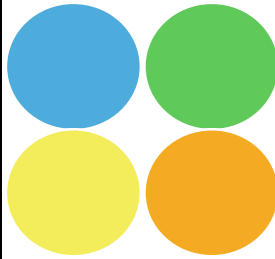
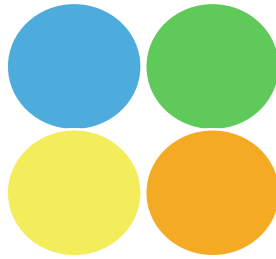
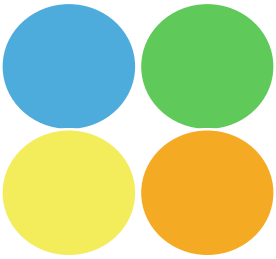
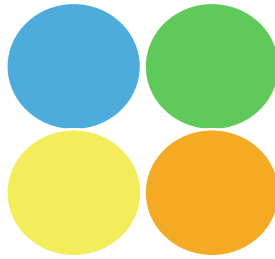
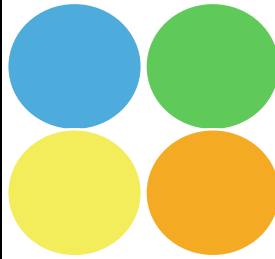


Weekly PLANNER

Exercise


Week of: _____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND
WATER						
SCHEDULE						
2 MUST DO TASKS						
IDEAS						
MEAL PLANNING						
Groceries:						

