Daily PLANNER

6:00

7:00

8:00

9:00

10:00

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

7:00

8:00

Today is...

M T W T F S

BREAKFAST:

LUNCH:

DINNER:

WATER:

NOTES:

Daily GOALS:

- 5-minute clutter pick-up
- Daily chores
- Be a good friend
- Help someone
- Drink more water
- Exercise
- Read
- _____
- _____